

# Catholic Charities Resources

## TYPES OF ASSISTANCE

### Information and Referral

Resources

### Screening for Financial Assistance

- Must be working
- Proof of financial hardship

### ESL

Free classes at different levels  
Citizenship Classes

### Mental Health Counseling

Play therapy  
Family and trauma therapy  
Coping Skills Textbot

### Financial Literacy

Financial coaching  
Foreclosure intervention  
Credit repair, Budgeting  
New home ownership

### Immigration Legal Services

Family Petitions  
Detention Orientation

### Public Benefits

SNAP  
Medicare  
Phone and Internet Free 1 Yr.  
Services

### Veterans Case Management:

Direct Assistance and VA Benefits  
Housing/Budgeting  
General Case Management

## ASSISTANCE AND REFERRALS

**CCA Help Line** 770-429-2369 General Assistance #5 Mental Health Counseling #1

**CCA Help Email:** [help@cattlanta.org](mailto:help@cattlanta.org)

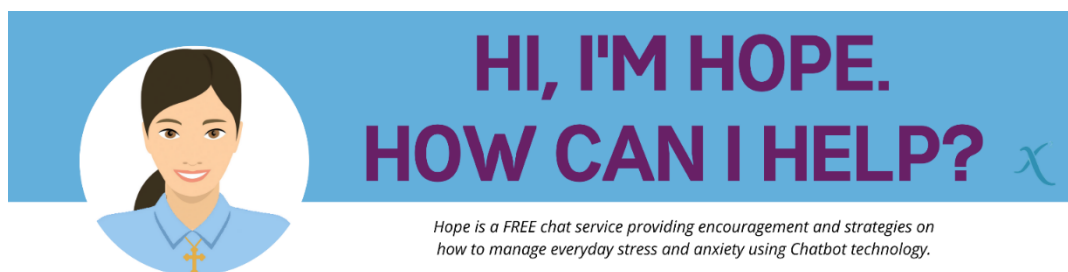
**\*\*Mention that St. Vincent de Paul is assisting you as well.**


**Immigration Services** 678-222-3920

**ESL Classes** [www.catholiccharitiesatlanta.org](http://www.catholiccharitiesatlanta.org)

**Mental Health Hope Textbot** 202-949-7249




**Start Code:** CCA **Stop:** Reply "Opt Out"



**HI, I'M HOPE.  
HOW CAN I HELP?** 

*Hope is a FREE chat service providing encouragement and strategies on how to manage everyday stress and anxiety using Chatbot technology.*

## Do you need Help?

-  1) Text "Hi" to Hope at (202)-949-7249 to get instant support. (Start Code: CCA. Reply "opt out" to stop. )
-  2) Like a coach, Sister Hope simply replies by asking: "how are you?"
-  3) Sister Hope makes you feel better by chatting with you. When you are ready to stop, reply "Stop" via mobile.

*Sister Hope is for those experiencing a difficult time, feeling distressed, or those that just need someone to chat with.*

If you are experiencing suicidal thoughts, please contact the **Suicide Hotline: 800-273-8255.**

You can also connect to Hope via  
[catholiccharitiesatlanta.org/hope/](http://catholiccharitiesatlanta.org/hope/)  
or Facebook [www.facebook.com/HopeCCUSA](https://www.facebook.com/HopeCCUSA)

In need of other resources at CCA?  
Email [help@cattlanta.org](mailto:help@cattlanta.org) or call the  
help line 770-429-2369